

Mitho	Tasty	Lasun	Garlic
Bhuteko	Fried	Adhuwa	Ginger
Umaaleko	Boiled	Coursani	Chili
Noonilo	Salty		
Gooliyo	Sweet	Tarkari	Vegetables
Amilo	Sour	Kaulee	Cauliflower
Tito	Bitter	Alu	Potato
Piro	Spicy	Saag	Spinach
		Parsi	Pumpkin
Bhat	Rice	Simee	Beans
Dhal	Lentil	Golbheraa	Tomato
Bhadam	Peanut	Gajur	Carrots
Kaju	Cashew	Bandakobi	Cabbage
Bhatamas	Soybean	Kerau	Peas
Makai	Corn	Pyaaaj	Onion
Noon	Salt	Kaankro	Cucumber
Chinni	Sugar		

Tel	Oil	Masu	Meat
Dudh	Milk	Macha	Fish
Mohar	Honey	Kasi	Goat
Daihee	Yogurt	Kukhura	Chicken
Chapati	Bread (flat round)	Sungur	Pork
Pauroti	Bread (Loaf)		
Andaa	Egg	Kalo chiya	Black tea
		Dudh chiya	Milk tea
Syaau	Apple	Kagatiko chiya	Lemon tea
Nariwal	Coconut	Adhuwa chiya	Ginger tea
Kagati	Lemon	Kalo coffee	Black coffee
Suntalaa	Orange	Pani	Water
Keraa	Banana	Umaleko pani	Boiled water
Angur	Grapes	Ras	Juice
Aanp	Mango	Raksi	Alcohol
Mewaa	Papaya	Chyang	Rice beer
		Toomba	Millet beer